



**Presented by:**

The RITA Foundation & Hands on Jacksonville

This is a 5K and 1 Mile run and walk to benefit the charity of your choice. All sponsorships raised will be donated to the charity that you choose on your sponsor form. To get sponsor pledge forms call (904) 363-1493 or email: [RITAFoundation@bellsouth.net](mailto:RITAFoundation@bellsouth.net).

### Registration Information

#### Entry Fee

Until May 9th	\$20.00
May 10th - 15th	\$25.00
Day of Race	\$30.00
The 1 Mile Fun Run is \$12.00 at all times.	

#### Sorry, no refunds

Make checks payable to the RITA Foundation and mail to:

1st Place Sports  
3931 Baymeadows Road  
Jacksonville, FL 32217

### Packet Pickup

Packets will be available on Thursday, May 14th and Friday, May 15th from 10:00 AM until 6:00 PM at one of the following 1st Place Sports locations:

- 3931 Baymeadows Road, Jacksonville
- 2016 San Marco Blvd., Jacksonville
- 424 South 3rd Street, Jax Beach
- 2186 Park Avenue, Orange Park

Be sure to check your pickup location on your entry form. If you do not indicate a location, your packet will automatically be at the Baymeadows store. Packets will also be available at the starting line beginning one hour before the race.

Sign up online and get results at [1stplacesports.com](http://1stplacesports.com)

Saturday, May 16, 2009

5K • 8:00 AM  
1M • 9:00 AM

Freedom Commerce Centre  
8900 Freedom Commerce Pkwy



TITLE SPONSOR



WOMEN'S RACE SPONSOR



MEN'S RACE SPONSOR

1 MILE FUN RUN SPONSOR

Stopattacks.net

### Race Timing

The race will be timed using the ChampionChip (chip must be worn on your shoe during the race). Your entry fee covers the cost of the chip rental. If you have your own chip, you need to enter your chip number on the entry form and deduct \$2.00 from the entry fee. You must cross the timing mats to be included in the results.

### Awards

Top three men and women overall, first master male and female, first grand-master male and female (**Carol Lackie Memorial Award**), and top three males and females in age groups from 10 and under to 75 and over. This event started as a women's run, so we still offer the **mother-daughter** and **sister-sister** team division. Just check the box on the entry form for the proper team division and indicate the name of your teammate on the form.

### Directions to Race Site

The Freedom Commerce Centre is located just west of Interstate 95 on Baymeadows Road. Turn into the centre on Freedom Commerce Parkway, make a quick left on Dix Ellis Trail and proceed about 3/4 of a mile to the parking lot located just south of Liberty Ridge Road on the right. Packet pickup and registration will be located on Liberty Ridge Road.

### One Mile Fun Run/Walk

The One mile will start at 9:00 AM from the finish of the 5K. The course is a loop to the south of Liberty Ridge to finish back at the start location.

